



## CALENDAR

### January 25

Membership Meeting  
11:30-noon networking  
noon-1:00 pm lunch/program  
Holiday Inn

### February 9

Leadership Team Meeting  
4:00 pm  
ATCC Room 308

### February 13

Deadline to submit newsletter  
content

### February 22

Membership Meeting  
11:30-noon networking  
noon-1:00 pm lunch/program  
Holiday Inn

## Message from the President: No Fear in the New Year!

Happy New Year! **Del Mari Runck** shared the following New Year's message with me and I thought I'd pass it along to you. This author is Jon Gordon. You can subscribe to his newsletter at [www.JonGordon.com](http://www.JonGordon.com).

*Eleven years ago I looked out into the Atlantic Ocean on New Year's Day with fear in my heart and uncertainty in my life. I had been fired from a "dot.com" company two weeks earlier with only two weeks of severance, no insurance for my two young children and only two months of savings in the bank. My wife and I had just invested every dollar we had and even took out a second mortgage on our home and \$20,000 on a credit card to open what would be the first Moe's Southwest Grill in Florida.*

*The restaurant was set to open January 13th and we had no earthly idea how we would pay our home mortgage and other bills since I planned on keeping my salary and job while my managers built the restaurant business. Now, it was New Years Day and I had no job, no salary and a restaurant opening that at worst would fail miserably or at best take a year to be profitable.*

*I thought of all this as I prepared to jump into the icy cold water-to take a symbolic plunge that this would be the year of NO FEAR. Regardless of the circumstances I was facing, this would be the year where I would trust and go for it. This would be the year I would be bold in actions and faith and humble in spirit. No longer could I do it alone. Now I needed a miracle and I decided to act as if my future depended on me and pray like it depended on God.*

*By jumping into the ocean I was declaring that no longer will I allow fear to cut off the flow of abundant and positive energy in my life. No longer will I allow fear to paralyze me. Instead of fear I would trust.*

*Now, eleven years later, as I write this I am preparing to jump into the ocean once again on New Year's Day. It has become my yearly ritual - to remind myself to follow my passion, live life to the fullest, surrender and to stay one step ahead of the fear that hovers around me.*

*And as I take my leap into the ocean I want to invite you to jump in with me. Perhaps not in the ocean but in the depths of your mind. This jump doesn't necessarily require water but rather a leap of faith in your belief system and a shift in your mindset. The antidote to fear is trust and it is only a thought away.*



**Shari Maloney**

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LAPW Scholarships  
Philanthropic Update  
The Stir: Women's Foundation of Minnesota  
Annual Dinner

## Wisdom Words

**“An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity.”**

- Martin Luther King, Jr.

### PRESIDENT'S MESSAGE

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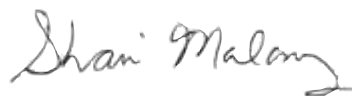
*No one is going to push you over the chasm of struggle to the life that you want. God will nudge you but you must take the leap. You must make this jump in your mind and then with your actions. You must make this jump with trust, determination and faith. After all, they don't call it a leap of fear. They call it a "leap of faith" for a reason.*

*You will always feel fear. Everyone will. But your trust must be bigger than your fear. The bigger your trust the smaller your fear becomes. And the more you trust the more you become a conduit for miracles. I know. A consulting project presented itself out the blue and we were able to pay our mortgage. A check came in the mail, the right opportunities came our way and somehow, some way my family and I were carried. A year after the restaurant opened I started this newsletter which eventually lead to me writing books, speaking and doing the work I do now.*

*I know that 2011 was not a great year for many people but I believe New Year's Day represents a fresh start and it presents a new opportunity to create the life and career you want. All you have to do is jump in with all that you are and all that you wish to become.*

Let's take that "leap" together!

Live Fearlessly,



## January Meeting *Preview*

**Back by popular demand! Speed Network with your fellow LAPW members, mentees and guests at the January 25 member meeting. Share news about your business, organization or just update your friends on a personal note. Learn the latest and practice your elevator speech at LAPW Speed Networking!**



### 2011-12 LEADERSHIP TEAM

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**Events Liaison Donna Wilberg**  
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# LAPW Scholarships!

Save the Date!

Lakes Area Professional Women will award:

- 1) \$1,000 scholarship to a member of our organization who is continuing her education.
- 2) \$1,000 scholarships to a child, grandchild or dependent of a member of our organization that is continuing their education. (We have two scholarships to award this year because last year we did not award a member scholarship.)

The following criteria apply for the Member Scholarship: (awarding one scholarship this year)

- Minimum of one year membership in LAPW at time of application
- Degree path leads to a minimum of a 2 year degree or beyond
- Involvement in LAPW and/or other community projects
- Application completed and received by deadline date

The following criteria apply for the Member Dependent Scholarships: (awarding two scholarship this year)

- Member must have been a member for a minimum of one year in the LAPW at time of application.
- Member must be the parent, legal guardian, step-parent or grandparent of student making application
- Degree path leads to a minimum of a 2 year degree or beyond
- Application completed and received by deadline date

Application deadline for both scholarships is **April 27, 2012**. Recipients will be announced at the May 23, 2012 LAPW meeting.

Applications are to be completed and returned via email to [sara.gronholz@tastefullysimple.com](mailto:sara.gronholz@tastefullysimple.com). Required essay shall be prepared as a Word document. Please contact any member of the scholarship committee with any questions.

## Team Updates!

### Philanthropic Team

#### Recipes for Busy Families.

We are looking for family-friendly, nutritious, fast and easy recipes that make the most of our food dollar. With your recipes we are putting together a recipe book for Titus 2 homes. They will be able to use it for their residents and as a fundraiser if they so choose. Please share your family favorite recipes by emailing them to [brwimmer@yahoo.com](mailto:brwimmer@yahoo.com). (Put "Recipe" in subject line, please).

#### December Donations

Thank you for the donations at our December membership meeting. \$160 dollars and 47.4 pounds of goods were donated to the local food shelf on behalf of LAPW.

## Helping Bring Holiday Cheer!



Members of LAPW helped pack up gifts and goodies for the annual Jingle Bells distribution in December!

## The Stir!

### Women's Foundation of Minnesota Annual Dinner

The Stir has provided a unique annual opportunity for professional women—many of them members of a women's professional association – to network, share best practices across careers, and celebrate women in business.

**The Stir 2012 will take place on Thursday, March 8, 2012, from 5:00-8:30 p.m. at the Marriott, Minneapolis City Center in Minneapolis.**

LAPW has a table at the event (8 tickets). If you are interested in attending this event with me, please email me at [sharim@alextech.edu](mailto:sharim@alextech.edu) by January 31.

If we have more than seven members interested in attending, we will draw names at the February Leadership Team meeting and announce those selected to attend in a Friday e-News.